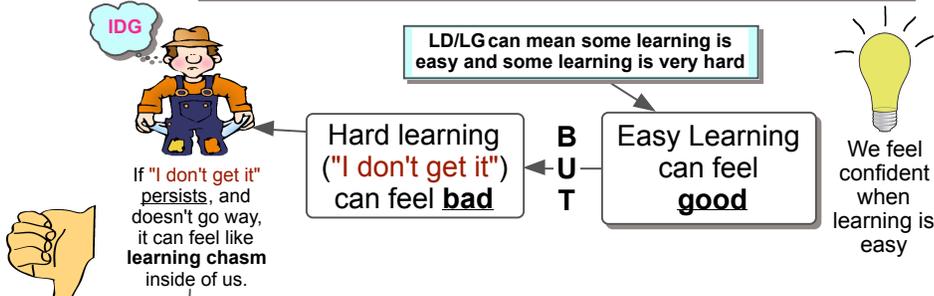


SMART BUT STUCK: RESILIENCE with LEARNING DISABILITIES/LEARNING GAPS (a flow chart)



A learning chasm is a permanent "I don't get it" (IDG) learning glitch! Nothing happens inside of us and it might make us feel stupid!

It's frustrating because we want to learn but instead we can feel alone, and embarrassed because everyone else is learning)

BUT



We don't like feeling stupid!

SO

WE CAN RUN AWAY *or* IF WE WANT TO LEARN, WE LOOK FOR OTHERS WAYS TO GET AWAY FROM THAT BAD FEELING (the chasm)
BY
SEEKING

Which INVOLVES



Perseverance:
"Not giving up"

+

Flexibility:
"Looking for learning options"



which LEADS TO



RESILIENCE
THE CAPACITY TO HANG IN THERE & TRY SOMETHING ELSE



Myrna Orenstein, Ph.D.
smartbutstuck.com
Evanston
847 328 3060